

Deodorant

🕒 10 minutes

Makes 1 large jar

Make your own deodorant and ditch all the chemicals and packaging that store-bought deodorants come with.

Ingredients

- 100g tapioca flour
- 3 tablespoons bi-carb soda
- 3 tablespoons coconut oil
- 8g beeswax
- 7 drops grapefruit essential oil
- 7 drops tea-tree essential oil
- 7 drops bergamot essential oil

Method

1. Slowly melt the beeswax and coconut oil in a saucepan over low heat.
2. Cool slightly, then add all remaining ingredients and stir to thoroughly combine.
3. Transfer deodorant paste to an air tight canister or jar. Store in a cool place. Keep away from direct sunlight and heat.
4. To use, apply a pea-sized amount of paste to each armpit with fingertips.

